

注意事項 Important Notes



1. 此計劃旨在評估您目前的生育健康狀況。由於各人的健康狀況在不同的生命階段或有所不同，若您有計劃延遲生育，建議定期向醫生諮詢。
2. 此計劃必須提前預約，為達致最佳的醫療診斷，我們需要根據您的月經週期進行預約安排。
3. 請依循醫護人員的指示接受體檢，如期間感到任何不適，請立即告知在場的醫護人員。
4. 請聯絡香港中文大學醫院以獲取更多詳細資訊。

1. This Programme aims to assess your current fertility status. Your health condition may differ at different life stages, you are recommended to consult your doctor regularly if you intend to postpone your pregnancy plan.
2. Advance booking is required for this Programme. For better diagnosis, we need to schedule your appointment based on your menstrual cycle.
3. Please follow the instructions of our medical team during check-up, and inform them immediately in case of any discomfort.
4. Please contact CUHK Medical Centre for further details about this Programme.

Your Health  Our Purpose
為你健康 盡力盡心



地址 Address :

香港新界沙田澤祥街9號香港中文大學醫院1樓輔助生育中心
Assisted Reproduction Centre, 1/F, CUHK Medical Centre,
9 Chak Cheung Street, Shatin, New Territories, Hong Kong

大學站(東鐵綫)(B出口)

University Station (East Rail Line) (Exit B)

服務時間 Service Hours :

星期一至五: 08:00 - 17:00 Monday to Friday: 8:00AM - 5:00PM
星期六: 08:00 - 13:00 Saturday: 8:00AM - 1:00PM
星期日及公眾假期休息 Closed on Sunday and Public Holidays

查詢及預約 Booking and Enquiries :


☎ (852) 3946 6133

了解更多 Learn More :



 CUHK Medical Centre

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 CUHKMC_HK

 <https://www.cuhkmc.hk/tc>

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CUHKMC/H/FERTILITY-HEALTH/INTRO/2025/02



生育健康評估計劃 Fertility Health Assessment Programme

- 適合25歲至42歲的女性
Ideal for female between the age of 25 and 42
- 計劃結合精準的測試和針對生育相關的諮詢及診斷
This Programme combines precise diagnostic tests and expert consultations
- 由指定專科醫生進行個人化的生育健康評估，解釋檢驗結果和提供建議
A personalised consultation with our designated medical specialist to discuss test results, interpretation, and recommendations

生育健康評估計劃 Fertility Health Assessment Programme

生育是人生最重要的決定之一。香港中文大學醫院特設生育健康評估計劃，一起為您踏上父母之路作好準備。

生育健康評估計劃是一個針對性的基礎評估檢查，計劃結合精準的測試和針對生育相關的諮詢及診斷，讓您了解及掌握自己的健康和生育準備狀況，以便計劃將來的生育里程。

Having children is one of life's most significant decisions. CUHK Medical Centre has specially designed the Fertility Health Assessment Programme which combines precise diagnostic tests and expert consultations to help you understand your fertility readiness so you can plan and be prepared.

This Programme offers a straightforward yet fundamental evaluation that provides valuable insights into your reproductive health and fertility potential, equipping you with a clearer path to parenthood.



生育是人生大事，讓我們助您更了解自身的健康情況並做好準備。聯絡我們以預約檢查或取得更多關於生育健康評估計劃的資料，開啟您的生育之旅。

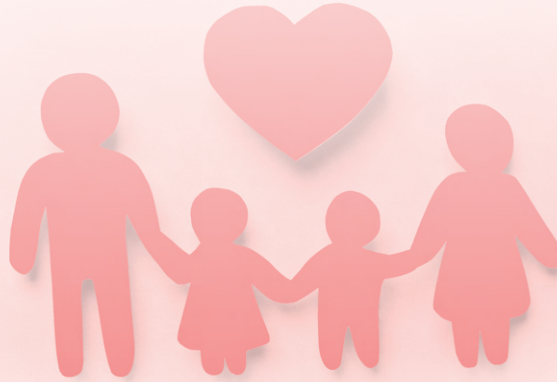
Fertility is a significant aspect of life - let us help you better understand your health situation and prepare well. Contact us to schedule an examination or to obtain more information about this Fertility Health Assessment Programme, initiating your journey towards informed fertility.



查詢及預約
Booking and Enquiries: **3946 6133**



誰適合這個計劃？
Who is this Programme for?



不論您的婚姻狀況或性生活狀態，只要您有生育的打算，就可考慮選用生育健康評估計劃。

我們的生育健康評估計劃，適合以下人士：

Regardless of your marital status or sexual activeness, the Fertility Health Assessment Programme is for you if you plan on having child(ren).

Our Fertility Health Assessment Programme is ideal for individuals who are:



- 25歲至42歲的女性
Female between the age of 25 and 42



- 有生育計劃並希望了解自己的生育狀況
Planning for pregnancy and wish to assess their fertility status



- 希望了解生殖系統健康狀況及評估生育能力
Seeking to understand their reproductive health and fertility potential

計劃詳情 Programme Details

檢查項目 Programme Items	檢查目的 Objectives	
醫生諮詢及報告分析 Doctor Consultation and Report Analysis	由指定專科醫生進行個人化的生育健康評估，解釋檢驗結果和提供建議 A personalised consultation with our designated medical specialist to discuss test results, interpretation, and recommendations	✓
血液分析 Blood Analysis		
雌二醇測試 Estradiol (E2)	測量雌二醇水平，這是一種對月經週期調節和卵巢功能至關重要的雌激素 Measures the levels of E2, a form of estrogen important for menstrual cycle regulation and ovarian function	✓
黃體生成激素測試 Luteinising Hormone (LH)	評估黃體生成激素水平，這是促進排卵和維持生殖健康的重要激素 Evaluates LH levels, a hormone crucial for ovulation and reproductive health	✓
卵泡刺激激素測試 Follicle Stimulating Hormone (FSH)	評估卵泡刺激激素水平，這對卵泡發育和排卵至關重要 Assesses FSH levels, which are essential for follicle development and ovulation	✓
抗穆勒氏管荷爾蒙測試 Anti-Müllerian Hormone (AMH)	測量抗穆勒氏管荷爾蒙水平，以確定卵巢儲備和生育潛力 Measures AMH levels to determine ovarian reserve and fertility potential	✓
超聲波檢查 Ultrasound Examination	以評估生殖器官的健康和結構 Assesses the health and structure of the reproductive organs	✓

優惠價 (港幣) Discounted Fee (HKD) **\$4,980**

原價 (港幣) Original Fee (HKD) **\$6,240**